

# Sterling Heights Community Garden List of Prohibited Plants

## **Illicit or Controlled Plants**

- **Illicit and Controlled Substances (Illegal or controlled in the United States)**

- Cannabis
- Opium Poppies
- Coca Plants
- Ayahuasca
- Salvia
- Khat
- Tobacco
- Magic Mushrooms
- Ephedra
- Yerba Mate

## **Aggressive, Invasive, Spreading, and Vining Plants**

- **Vining Vegetables/Fruits (Due to rapid spreading or aggressive growth)**

- Pumpkins
- Watermelon
- Cantaloupe

## **Vining or Climbing Flowers (Due to rapid spreading or aggressive growth)**

- Morning Glories
- Sweet Peas
- Clematis

## **Spreading and Invasive Plants (Outcompete native species and take over community space)**

- **Spreading Species**

- Garlic Chives
- Onion
- Mint
- Bulbs
- Virginia Creeper
- Periwinkle
- Japanese Knotweed

- **Invasive Species (Not native to the United States)**

- Bamboo
- Creeping Jenny
- English Ivy
- Japanese Honeysuckle
- Kudzu

## **Trees, Woody Shrubs, and Large Bushes**

- Fruit Trees (e.g., Apple trees, Pear trees) – (Large space needed)
- General tree species (Oak, Maple, Beech, Tulip Poplar)

- **Bushes or Shrubs (Large space needed)**

- Elderberry
- Gooseberries
- Larger roses
- Other

- **Noxious Weeds (Will spread rapidly and hard to control)**

- Dandelions
- Thistles
- Purslane
- Pigweed

- **Poisonous or Toxic Plants (Will spread rapidly and cause serious bodily harm)**

- Oleander
- Poison Ivy
- Deadly Nightshade
- Monkshood
- Hemlock

\* This list serves as a non-exhaustive guide to plants that are not permitted to be cultivated in the Sterling Heights Community Garden. There may be additional plants that are prohibited beyond those mentioned above which will be added as necessary. Discovery of these plants in the garden will require immediate remediation upon notice and may result in garden bed license being revoked.

If you are unsure whether a plant is allowed, please ask before planting.  
Contact the Nature Center Supervisor at: [aarnold@sterlingheights.gov](mailto:aarnold@sterlingheights.gov)  
or 586-446-2710.

### **General Planting Expectations**

To maintain a healthy and cooperative garden environment:

- Plants must stay **fully inside your assigned bed** and not spread into others.
- Keep plants **trimmed and maintained** to prevent shading or overcrowding.
- Place **tall plants on the north side** of the bed to avoid shading neighboring plots.
- All supports (tomato cages, trellises, stakes) must be **safe, secure, and fit within the bed**.
- **Root vegetables and berry plants** must be grown in raised beds only.

### **Would You Like to Enroll in a Class or Have Questions?**

For classes on gardening, please visit:

<https://misterlinghghtsweb.myvscloud.com/webtrac/web/splash.html>

To Contact the Nature Center please email: [naturecenter@sterlingheights.gov](mailto:naturecenter@sterlingheights.gov)

# Sterling Heights Community Garden List of Recommended Plants

## Vegetables, Herbs, and Fruits

- **Leafy Greens**
  - Lettuce (Butterhead, Romaine, etc.)
  - Spinach
  - Kale
  - Swiss Chard
- **Root Vegetables (permitted in raised beds only)**
  - Carrots
  - Beets
  - Radishes
  - Turnips
  - Parsnips
  - Potatoes
- **Fruiting Vegetables**
  - Tomatoes (Bush or determinate varieties only)
  - Peppers (Bell peppers, hot peppers, etc.)
  - Cucumbers (Bush varieties)
  - Zucchini (Bush varieties)
- **Legumes**
  - Beans (Bush varieties)
  - Peas (Bush types)
  - Cabbage (all varieties including Brussel sprouts)
  - Brassica (Broccoli or Cauliflower)
- **Herbs**
  - Basil (all varieties)
  - Parsley
  - Thyme
  - Sage
  - Dill
  - Oregano
  - Tarragon
  - Marjoram
  - Rosemary
  - Lavender
- **Berry Plants (Permitted in Raised Beds Only)**
  - Strawberries
  - Raspberries
  - Blueberries
  - Blackberries

## Flowers

- **Annual Flowers**
  - Marigolds
  - Sunflowers
  - Zinnias
  - Cosmos
  - Calendula
- **Perennial Flowers (Perennial flowers must be removed at the end of the season)**
  - Coneflowers
  - Lavender
  - Indian Blanket Flower
  - Bee Balm

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